



LIFEFORCE USA, INC

5 ROE LANE
HOWELL, NJ 07731
1-888-761-LIFE (5433)

SPRING LAKE BEACH PATROL TRAINING SCHEDULE

CPR - \$30.00 pp:

1. Monday, July 26, 2010 – 8:00am
2. Thursday, July 29, 2010 – 5:00pm
3. Monday, August 2, 2010 – 5:00pm
4. Monday, August 16, 2010 – 8:00am
5. Monday, August 23, 2010 – 8:00am

ARC Lifeguard Training Recertification - \$50.00pp:

1. Monday, July 5, 2010 – 5:00pm
2. Thursday, July 8, 2010 – 5:00pm

** Must have current ARC Lifeguarding certification. **

** The above dates are for the pool skills only. You need to attend only 1 of the dates. **

** You must attend a CPR date from the list above. **

ARC Lifeguard Training Certification - \$125.00pp:

1. Tuesday, July 13th, 2010 – 5:00pm
2. Thursday, July 15th, 2010 – 5:00pm
3. Tuesday, July 20th, 2010 – 5:00pm
4. Friday, July 23th, 2010 – 8:00am

** Must attend all 4 dates. **

** You must attend a CPR date from the list above. **

PLEASE REGISTER AT LEAST ONE WEEK IN ADVANCE

To register, circle the course date(s) that you wish to attend. Complete the information below, and bring this form to Lifeguard HQ on the north end.

NAME: _____

PHONE #: _____

If you have any questions, please call Mat Giachetti at 732-919-6070 (office at LifeForce USA), or 732-620-2380 (cell)